



嘗健55
R.E.A.C.H.
FOR AGING WELL

Alzheimer Society
YORK REGION



MARKHAM PUBLIC LIBRARY

If you would like to learn more about dementia and brain health, this workshop is for you!

Content: Overview of dementia and Alzheimer's disease, warning signs and brain health

Event organizers : Alzheimer Society York Region & Markham Public Library

Speaker: Loletta, Public Education Coordinator of R.E.A.C.H. Project , Alzheimer Society York Region

Location: Online Zoom meeting

Date: Jan 17th, 2023 (Tuesday)

Time: 10:00-11:00 am

To whom: Mandarin speaking residents

Language: Mandarin

Capacity: 30

Fee: Free Program

Visit MPL websites for more information about this event:

<https://markham.bibliocommons.com/events/63696d1df306123600bc3ac8/>

Registration: Please fill out the Google form from the link below

<https://forms.gle/azj7EGMjWUD3HMsZ9>

Contact: 905-726-3477 ext 234 Or email: lyu@alzheimer-york.com

