



嘗健55
R.E.A.C.H.
FOR AGING WELL

Alzheimer Society
YORK REGION



MARKHAM PUBLIC LIBRARY

If you would like to learn more about dementia and brain health, this workshop is for you!

Content: Overview of dementia and Alzheimer's disease, warning signs and brain health

Event organizers : Alzheimer Society York Region & Markham Public Library

Speaker: Loletta, Public Education Coordinator of R.E.A.C.H. Project ,
Alzheimer Society York Region

Location: Online (Zoom meeting)

Date: Jan 12th, 2023 (Thursday)

Time: 10:00-11:00 am

To whom: Cantonese speaking residents

Language: Cantonese

Capacity: 30

Fee: Free Program

Visit MPL website for more information about this event

<https://markham.bibliocommons.com/events/63696ad9f306123600bc3a63>

Registration: Please fill out the Google form from the link below

<https://forms.gle/AY8S4BparZgUfJfe6>

Contact: 905-726-3477 ext 234 Or email: lyu@alzheimer-york.com

